

Other Information

List any of your medical or mental health diagnoses:

List all of your prescribed medications and dosages and the reason they were prescribed to you. Include any prescriptions for medically assisted treatment, medical conditions and/or a mental health diagnosis:

Description of your support system (for example: Help Me Grow, WIC, support groups, counselor/therapist, family and/or friends):



To report child abuse:
(855) OH-CHILD • (855) 642-4453
General Phone (614) 466-1213
General Fax (614) 466-6185

Mike DeWine, Governor, Ohio
Matt Damschroder, Director, ODJFS

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Substance Misuse and Pregnancy:

Important Information for Expectant Mothers





CARA is Here to Help your Baby

If you or your baby has been impacted by substance misuse during your pregnancy, federal law* requires a Plan of Safe Care to be created before you can be released from the hospital.

A Plan of Safe Care will address:

- Your baby's safety and treatment needs
- Your health and treatment needs
- The treatment needs of anyone who lives with you and who will help care for your baby (for example, the father, boyfriend, grandparents, roommate, etc.)

Child Protective Services and Mandated Reporters

The law requires "mandated reporters" to contact child protective services agencies if they have concerns related to substance misuse that can affect

the health and safety of your baby. Mandated reporters can include your doctors, nurses, treatment providers and/ or social workers. When the following concerns are present, they will contact the local child protective services agency:

You or your baby test positive for an illegal substance, non-prescribed substance and/or misused prescribed controlled substance.

Your baby is exhibiting signs of withdrawal as a result of prenatal exposure to an illegal substance, non-prescribed substance and/or misused prescribed controlled substance.

Your baby is diagnosed with fetal alcohol spectrum disorder.

If you have a Plan of Safe Care that supports the health and safety of both you and your baby, the local child protective services agency may not have to be involved. However, the agency still can provide support and services if you need help in your recovery.

If you have questions, please email CPS-Training@jfs.ohio.gov.

* The Comprehensive Addiction and Recovery Act (CARA)

Information to Provide to Your Hospital

Please provide as much detail as possible. Bring this form with you to the hospital when you give birth to your baby.

Pregnancy Information	
Name of the facility, hospital or clinic where you received prenatal care:	
Address of the facility, hospital or clinic:	
Provider name:	Phone:
First prenatal appointment date (or month of pregnancy):	
All other prenatal appointment dates:	
Did the doctor note any issues and/or concerns during your pregnancy? If so, explain:	

Treatment Information	
Name of your treatment center:	
Treatment center address:	
Name of your counselor and/or therapist:	Phone:
Name of substance(s) you are receiving treatment for:	
Please attach any available progress reports and drug screen results.	